

# SPRINGWOOD ROAD STATE SCHOOL



## TUCKSHOP MENU & PRICELIST

Effective 6<sup>th</sup> OCTOBER 2020  
(prices subject to change throughout the year)

### TUCKSHOP OPENS 8.00 AM EACH DAY

**ALL FOOD INCLUDING SNACKS MUST BE ORDERED BY THE BAG SYSTEM OR FLEXISCHOOLS**

**ONLY ICE BLOCKS & DRINKS CAN BE PURCHASED AT 1<sup>st</sup> BREAK**

#### FRESH SALADS & FRUIT

Salad Box ( <i>lettuce, cucumber, carrot, tomato, pineapple, cheese, beetroot, corn</i> )	
▪ Large	\$4.50
▪ Small	\$4.00
Meat & Salad Box	
▪ Large	\$5.50
▪ Small	\$5.00
Boiled Egg	\$1.00
Fruit Salad	
▪ Large	\$4.50
▪ Small	\$4.00
▪ Watermelon Tub (large)	\$4.00
▪ Watermelon Tub (small)	\$3.50
Apple Slinky / Fruit	\$1.00

#### DRINKS

Fresh Flavoured Milk - 300ml ( <i>Chocolate &amp; Strawberry</i> )	\$2.70
Fresh Plain Milk - 300ml	\$1.70
Juice Pak - 100% ( <i>Apple, Orange, Apple &amp; Blackcurrant</i> )	\$1.70
Spring Water - 600ml	\$2.00
Glee ( <i>Blackcurrant, Raspberry, Grape, Tropical</i> )	\$2.70
Slush Puppie	Small \$2.20 Large \$2.70

#### YOGHURT

Yoghurt Tubs, 100g ( <i>Vanilla</i> )	\$1.00
Frozen Yoghurt – <i>Strawberry, Chocolate &amp; Watermelon/Mango</i>	\$2.70

#### SANDWICHES (White, Wholemeal, Gluten Free)

<b>BREADROLLS</b>	<i>Extra</i>	\$0.50
<b>WRAPS</b>	<i>Extra</i>	\$0.50
<b>TOASTED</b>	<i>Extra</i>	\$0.50
Vegemite		\$2.50
Baked Beans		\$3.00
Spaghetti		\$3.00
Cheese		\$3.00
Cheese & Tomato		\$3.50
Egg & Lettuce		\$3.50
Egg		\$3.00
Salad ( <i>lettuce, tomato, cucumber, beetroot, carrot</i> )		\$3.50
Chicken <b>or</b> Ham <b>or</b> Tuna		\$3.50
Chicken <b>or</b> Ham <b>or</b> Tuna w/salad ( <i>lettuce, tomato, cucumber, beetroot, carrot</i> )		\$4.50
<b>Extras</b>		
▪ Pineapple		\$0.50
▪ Avocado		\$1.00
▪ Cheese		\$0.50

#### HOT FOOD

Chicken Tender Wrap with Salad	\$5.00
Plain Hamburger / Plain Chicken Burger	\$4.00
Hamburger / Chicken Burger with salad	\$5.00
Noodle Cups-Chicken or Beef	\$2.70
Garlic Bread	\$2.70
Lasagne / Spaghetti Bolognese	\$5.00
Hot Chicken Roll with gravy	\$4.70
Pizza (Hawaiian)	\$3.50
Kool Skool Beef Pie	\$4.50
Kool Skool Beef & Potato Pie	\$4.50
Party Pie (Lite)	\$1.60
Kool Skool Sausage Roll	\$3.70
Hot Dog w/sauce (Lite)	\$3.50
Chicken Tenders	\$2.20
Hash Browns	\$1.20
Corn Cob	\$1.00
Chicken Garlic Balls (3)	\$4.50

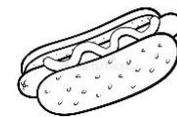
#### ICE BLOCKS

Different Ice Blocks to choose from at Tuckshop counter	\$0.30 to \$1.70
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#### SNACKS

Ginger Bread Student	\$2.20
Iced Cup Cakes	\$2.20
Chocolate Muffin/Choc Chip Cookie	\$2.20
Sumo Cookies	\$1.10
Pikelets (2) with jam	\$2.20
2 Crackerbread with cheese	\$2.20
Cheesy Mite Scroll <b>or</b> Cheese & Bacon Roll	\$2.70
Red Rock Chips ( <i>Plain, Chicken</i> ) / Popcorn	\$1.20
Chicken JJ's / Grain Waves	\$1.20

**BAGS can be purchased for 10c each**



## Celebration Ice Blocks

Ice blocks can be purchased from Tuckshop for special celebrations.  
Contact Tuckshop on **3457 8436** to place an order and arrange delivery to classroom.



## Sushi Wednesday

Bag ordering system or Flexischools by 12 noon Tuesday for **Wednesday break**.



### Food Ordering Procedures

1. Accurate recording of this information will ensure smooth and quick processing of the orders in the morning
2. Bags are to be placed in the tuckshop box in the classroom
3. Order online using Flexischool Website ([www.flexischools.com.au](http://www.flexischools.com.au)) or download App to phone or device

### Example for Bag Ordering

Joe Smith	3W	<b>Clearly written with</b>
1 Salad Sandwich	\$3.50	Name
1 Juice Pak	\$1.70	Class
	\$5.20	<b>Please include</b>
		Item and prices
		Total
		Money included in the bag



Profits from the tuckshop go towards improving the school environment. Our tuckshop can only run with the help of greatly appreciated volunteers and without them there would be no lunch service

Please check your calendar to see if you can help even just once a month. If you can help at any time, call **3457 8346** or call in to the tuckshop and let us know – every little bit helps.



Any item or price amendments to the Tuckshop menu will be advertised in the school newsletter – please keep yourself informed by reading when issued.

MUSIC REEDS ALSO AVAILABLE FROM THE TUCKSHOP – Please see Tuckshop for prices

**This menu is based on the Queensland Government Smart Choices strategy**

